**Year 6 - Physical Education Curriculum Overview 2024 – 2025**

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| **YR****6** | **Autumn 1 (7weeks)** | **Autumn 2 (8)** | **Spring 1(5)** | **Spring 2 (6)** | **Summer 1 (6)** | **Summer 2 (7)** |
| **Content** | * **Invasion Games**
 | * **Gymnastics**
 | * **Dance**
 | * **Net & Wall Games**
 | * **Athletics**
 | * **Striking and Fielding**
 |
| **Key new knowledge** | Advanced dribbling and passing- Team play and positioning - Creating tactics in small-sided games | - Performing advanced gymnastic routines - Using apparatus creatively - Partner and group collaboration | - Creating and performing dance routines - Refining choreography and technique - Using peer and teacher feedback for improvement | - Serving under pressure - Blocking and spiking - Strategic positioning and movement | - Sprint starts and advanced pacing - Mastering techniques in jumping (triple jump, long jump) - Throwing for distance and accuracy (javelin, shot put) | - Strategic batting and bowling - Advanced fielding techniques - Leadership and teamwork in competitive games |
| **Assessments** |  |  |  |  |  |  |