**Year 6 - Physical Education Curriculum Overview 2024 – 2025**

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| **YR**  **6** | **Autumn 1 (7weeks)** | **Autumn 2 (8)** | **Spring 1(5)** | **Spring 2 (6)** | **Summer 1 (6)** | **Summer 2 (7)** |
| **Content** | * **Invasion Games** | * **Gymnastics** | * **Dance** | * **Net & Wall Games** | * **Athletics** | * **Striking and Fielding** |
| **Key new knowledge** | Advanced dribbling and passing  - Team play and positioning  - Creating tactics in small-sided games | - Performing advanced gymnastic routines  - Using apparatus creatively  - Partner and group collaboration | - Creating and performing dance routines  - Refining choreography and technique  - Using peer and teacher feedback for improvement | - Serving under pressure  - Blocking and spiking  - Strategic positioning and movement | - Sprint starts and advanced pacing  - Mastering techniques in jumping (triple jump, long jump)  - Throwing for distance and accuracy (javelin, shot put) | - Strategic batting and bowling  - Advanced fielding techniques  - Leadership and teamwork in competitive games |
| **Assessments** |  |  |  |  |  |  |